

TAKEAWAY MENU

BALANCE BOWL £12.5

STICKY SUSHI RICE, ENOKI MUSHROOMS, EDAMAME, CRUNCHY SEASONAL VEG, CHERRY TOMATOES, TENDERSTEM BROCCOLI, PINK PICKLED GINGER, MISO AND WASABI DRESSING VGO. GFO.

ADD SAKE AND MIRIN POACHED SALMON £4

ADD CRISPY KOMBU SEASONED TOFU £3

SANDWICHES/WRAPPS £10 WITH A SIDE SALAD OR FRIES

ROASTED CHICKEN

LEMON & THYME ROASTED CHICKEN, TARRAGON AILOI, TOMATO, BACON, MIXED LEAF. GFO.

SAKE SALMON

POACHED MIRIN AND SAKE SALMON, MUSTARD AND MAPLE MAYO, HOUSE PICKLED CUCUMBER, MIXED LEAF. GFO.

LEMON COURGETTE

SAUTÉED LEMON COURGETTE, HOUSE OVEN DRIED TOMATO, HERBY SOFT GOATS CHEESE, MIXED LEAF

VGO. CHESTNUT HUMMUS. GFO. NUTS.

WARM BEETROOT SALAD £13

GRILLED GOATS CHEESE, HERITAGE BEETROOT, SOURDOUGH CROSTINI, RADDISH, MIXED LEAF, AGED BALSAMIC, TOASTED PINE NUTS. ROCKET AND SUNFLOWER SEED PESTO

VGO. CHESTNUT HUMMUS. GFO. NUTS.

BREAKFAST ROLL/ SANDWICH

BACON, EGG OR SAUSAGE
£5 + £1.5 PER EXTRA ITEM

BACON, SAUSAGE, FRIED
EGG, CHEESE, BLOODY
MARY KETCHUP
£7



CHILDREN'S MENU

SCRAMBLED EGGS ON TOAST
£6

PLAIN PANCAKES WITH
MAPLE SYRUP £6
*ADD NUTELLA £1.5

MINI AVO TOAST
£6

TOAST WITH BUTTER & JAM
£3

VEGETABLE CRUDITIES WITH
CHESTNUT HUMMUS
£6

POTATO ROSTIS
£3



— WOOLFOX